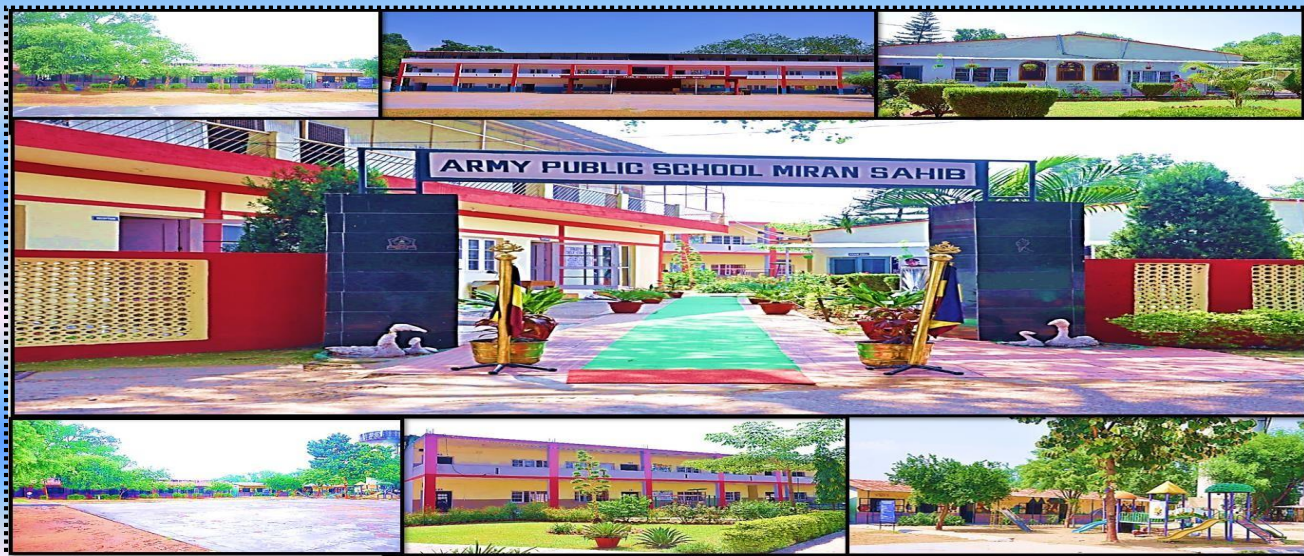


# ARMY PUBLIC SCHOOL MIRAN SAHIB

## NEWS LETTER



### THE MONTHLY PEEP!!!!!!

- Message from Principal and Editor's Desk
- School Activities
- NCC Activities
- Scouts and guide Activities
- In the spotlight
- Self-composed poems
- Science Project
- Message from student council
- Serene Chamber
- Innovation Corner



AUGUST-  
SEPTEMBER  
2022

## **MESSAGE**

### **PRINCIPAL'S MESSAGE**



**Dear All**

It is a matter of great pride that our school has launched the monthly school News letter in which linguistic as well as artistic creativity is being showcased by staff and the students. It has provided the plethora of learning exposure to the students in different ways. This news letter is the mirror of the activities conducted under the guidance of a team of enthusiastic and dedicated teachers. Such innovative efforts not only boost up the confidence of the students but also contribute to the enrichment of their personality.

I wish all the students to achieve excellence and have a bright future ahead.

**Happy Reading!!!!**

**Mrs. Ritu Sharma**  
**Principal**

### **FROM EDITOR'S DESK**



**Dear Readers**

We are delighted to present you the first edition of the school News Letter. Through this News Letter we are pleased to share the co-curricular as well as educational activities. Here you will discover a wealth of contribution from students and faculty in the form of useful and interesting write-ups and other material.

The Editorial team extends the heart felt and genuine gratitude to the Principal Madam for her creative and invaluable inputs that guided us throughout.

Special appreciation to for making this happen.

**Mr. Sahib**  
**Editor**



# **SCHOOL ACTIVITIES**

## **YOGA DAY CELEBRATION**



## **INDEPENDENCE DAY CELEBRATION**



## **RAKSHA BANDHAN CELEBRATION**





## JANAMASTHMI CELEBRATION



## INVESTITURE CEREMONY

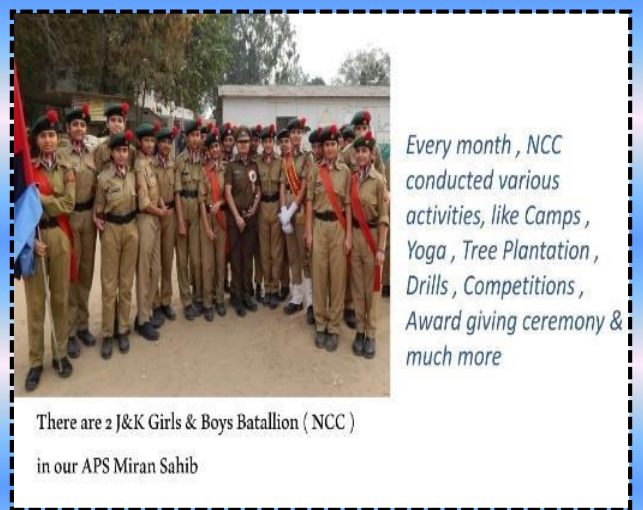




## TEACHER'S DAY CELEBRATION



## NCC and SCOUTS & GUIDE ACTIVITIES





## IN THE SPOTLIGHT

### PLANETARIUM

A fascinating, fun, and interactive digital planetarium show under the name 'Tare Zameen Pe' was organized to take students on a journey through space. It was organized for the students of Classes I to XII from 06 September to 12 September 2022. 1800 students got wonderful learning experience about terrestrial bodies and terrestrial telescope. 450 students from different schools, APS B. D Bari, APS Jammu Cantt., APS Sunjwan, Jammu Sanskriti, visited the school to have an amazing learning experience.



## **SELF COMPOSED** **POEMS**



### **YES, I AM A GIRL**

As a girl I will not let go of what I  
Just because people assert You are a girl  
You can't work in the daylight  
It will burn your tender skin  
You can't work when it's raining  
You will catch cold  
You can't live alone  
The world is not safe  
And then they avow you are a girl  
Yes, I am a girl and better than many others  
"I will thwack the sun" "I will swallow the cold  
away "  
"I will thrash the one who comes in my way"  
Yes, I am resilient  
More resilient than the sun  
Yes, I am stubborn

More stubborn than rain  
Yes, I am strong Stronger than many  
Yes, I am a girl  
I am wise  
I am strong  
And I can do anything  
And I don't know what makes you think I will  
give up my ambitions just because people avow  
"You are a girl"  
I will not let my dreams go because  
My dream is right,  
My dream is for good,  
My dream will not cause harm to anyone  
So, I will have my dream  
Yes, I am a girl  
A girl who is strong and wise  
A girl who is confident  
A girl who will never stop  
A girl who will never give up  
Yes, I am a girl

**- PRATISHTHA SAMBYAL**

**X-D**



**A Peaceful corner of my school**  
**"SERENE CHAMBER"**



Let there be peace every side and every where  
Where everybody waits for peace between classes,  
Periods, duties, insides, and outs.  
Where the footsteps are strolling for harmony.

Let darkness of pressure and deadlines go forever  
Allow to procreate the hopes of happiness.  
The silence must tell the story of peace  
The chanting must shower the message of peace.

Let there be tranquillity every side an everywhere  
Where we can search for a space for safety  
And live in dignity without tormenting anyone.

No anger, No doubt, No jealousy, No resentment  
They have all been released.  
I haven't moved, but everything has changed.

A peaceful corner in my school where and when  
your soul finds peace.  
Let's find this serene corner inside our heart too  
When your heart feels peace and only beauty  
sways.

**By Paramjeet kour**  
**PGT Psychology**

**SCIENCE PROJECT**

**HYDROPONICS**

Hydroponics is a method of growing crops without soil. Plants are grown in rows or on trellises, just as in a traditional garden, but they have their roots in water.

**Materials used** - PVC Pipe, TDS Meter, ph Meter, Stand, Water container, Fertilizer, Light-weight expanded aggregate



**PVC PIPES WITH HOLES FOR WATER**  
**CIRCULATION**



**STRUCTURE FOR HOLDING**



## **Advantages of Hydroponics**

1. Plants grown in water can grow faster and healthier than plants grown in soil because they don't have to fight soilborne diseases and can obtain all essential nutrients in proper proportions.
2. All the food and water they need are given directly to their roots around the clock.
3. More plants can grow per square foot in a Hydroponic garden because roots are directly fed. Since there is no competition for root space, 20% less space is used and higher yields per square foot, per unit of time can be achieved.
4. The root systems stay smaller, so each plant can concentrate its energy on producing plant mass, rather than roots.
5. 20 times less water is used compared to soil-based gardening.
6. A sterile environment is maintained, which means no pesticides are needed.



## **HYDROPONICS**



## **LIGHT EXPANDED CLAY AGGREGATE**



## **STUDENTS USING NETPOTS FOR PLANTING**



## **STUDENTS WITH PLANTS FOR HYDROPONIC PROJECT**

BY

STUDENTS OF CLASS XII



## **APS MIRAN SAHIB STUDENT COUNCIL**



I believe, if your actions inspire others to dream more, do more and become more, you are a true leader. Having firm belief in the virtues of discipline, and hard work, I dedicate myself whole heartedly in serving the institution.

**SATYAM RAINA**

**(Head Boy)**



“Join the Race to Make the School a Better Place”

As an ECO PREFECT of APS, I will ensure that a green school starts with good daily habits. With so many young feet trudging round the school each day, their impact on our efforts to be more eco-friendly can be huge. Encourage everyone at our school to uphold the very best practices and make our school clean and green.

**TANVI SHARMA**

**(Eco Perfect)**



A leader is the one who out of the clutter brings simplicity, out of discord....  
Harmony and out of difficulty...  
Opportunity

I would like to urge all Franciscans to be ideal students, so that we can take our school to greater heights of success. We will walk this path together and work in union to keep St. Francis' flag flying high up in the sky, mounted with love, hoisted with dignity, and fluttering with grace

**ANVESHA**

**(Head Girl).**



“No one can whistle a Symphony it takes a whole orchestra to play it.”

As the School Academics Head, will try my best to take my school to the pinnacle. Wharton said, “True originality consists not in a new manner but in a new vision,” and I Sushil, the School Academics Head, will strive to dream of one which propels its team to imagine, imbibe and invent.

**SUSHIL KUMAR**

**(Academics Head)**





I am honoured to have been given this opportunity to lead and I shall endeavour with all my power to create opportunities for my fellow sports persons.

I will try to enhance my altitudes to empower others to excel in whatever they dream of. I aspire that my school reaches the pinnacle of success in sports. I hope to see an active participation of all the students in all sporting activities throughout this academic session. I promise to work with utmost zeal and commitment.

**ABHAY PARTAP SINGH**

**(Sports Captain)**



Discipline is an act of rules and regulation which we follow from our childhood till the end of our life. A well-disciplined people perform their work in the right way and in given time.

I as the Discipline In-charge of school ensures that if you want to achieve anything in life, you need to be disciplined in every aspect. It is a value that you learn right from childhood. Without Discipline, it will difficult for anyone to achieve anything.

**RISHAB MANHAS**

**(Discipline In-charge)**

## **SERENE CHAMBER**



### **SERENE CHAMBER**

In a busy schedule of school, it is great to have a place to connect with your inner being and spirituality. In order to reduce the stress and work pressure of teachers APS Miran Sahib has recently designated a serene chamber for teachers where they are free to pray, reflect or meditate in any way they wish; however, they must do it quietly, with cell phones turned off and shoes removed.





## **INNOVATIVE CORNER (ATL LAB)**



**SPECIAL THANKS TO THE EDITORIAL TEAM**

- Ms. Preet
- Ms. Surbhi
- Ms. Ayushi
- Mr. Kavya
- Ms. Sunakshi
- Ms. Suruti
- Ms. Balwinder
- Ms. Amandeep
- Ms. Niharika
- Mr. Harmanpreet

**HAPPY READING!!!!!!!**